

## Kit List

### Project Get Together/Prosiect Gyda'ch Gilydd

PGL LLwyn Filly 5-7th July 2019

- Sleeping bag/duvet (bed sheet will be provided by PGL)
- Pillow
- Nightwear
- Underwear including socks that cover ankles
- Trousers/leggings for activities (jeans are not suitable for activities where you will be getting wet)
- 1 pair of trainers for activities.
- 1 pair of old trainers for activities where you will be getting very wet.
- 1 pair of shoes for evening activities.
- Warm fleece/jumper/sweatshirt.
- T shirts.
- Waterproof jacket in case of rain.
- 2 towels.
- Small rucksack/bag.
- Wash bag (toothpaste, soap, shampoo).
- Sun lotion.
- Spending money for sweets/chocolates!

Please remember that some activities will involve you getting very wet so bring 3 sets of clothes if you can.

PGL is in the middle of the countryside so your clothes need to be practical and comfortable i.e. not stilletoes.

If you do not have any of these items please let me know and I can provide those items that you need.

